



Your Utrogestan® quick-start guide to reduce the risk of miscarriage¹

What is Utrogestan?

Utrogestan is a small soft gelatine vaginal capsule that contains the hormone progesterone, which is identical to the progesterone produced by your body during pregnancy.¹

Who is Utrogestan for?

Utrogestan is a treatment to reduce the risk of miscarriage in women with bleeding in the current pregnancy and a history of three or more previous miscarriages. The benefit of this medicine was shown to be limited to women who have had three or more previous miscarriages. However, your doctor may also consider it appropriate to use in women with less than three miscarriages, who have a reduced chance of future pregnancy.¹

How often is Utrogestan used?

As a treatment to reduce the risk of miscarriage in women with bleeding in the current pregnancy, the usual dose is 800 mg (one 400 mg capsule) twice daily, from the first sign of vaginal bleeding until at least the 16th week of pregnancy.¹

If you need a dose that is different to the above, your doctor will prescribe one that is right for you.

A bottle of Utrogestan contains 15 soft gelatine capsules which provides 7 days of support during pregnancy when prescribed at the standard dose.

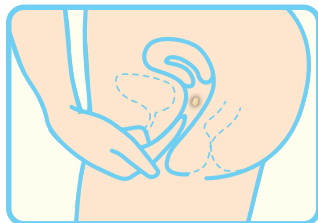


How is Utrogestan inserted?

Insert deep into the vagina using your finger. There's no need to use an applicator or to lie down afterward.^{1,2} For more information about how to use Utrogestan including a video on how to insert the capsule, visit www.besins-healthcare.com.au/patient-support/womens-health/pregnancy-support



To access this site, you will need to enter the AUST R number which can be found on the front of your Utrogestan pack.



Does Utrogestan need to be stored in the fridge?

Keep at room temperature (below 30°C). There's no need to refrigerate.^{1,2}

What to expect after using Utrogestan?

Most women experience no side effects at all. Vaginal discharge is rare.^{1,2}

Ask your doctor if you have any questions about Utrogestan or if you have any concerns before, during or after using Utrogestan.

Want more information?

To access more information and resources including the Utrogestan patient booklet and insertion video, visit www.besins-healthcare.com.au/patient-support/womens-health/pregnancy-support/ and enter the AUST R number found on the front of your Utrogestan pack.



This information is intended for patients prescribed Utrogestan to reduce the risk of miscarriage. It is not a substitute for talking to your healthcare professional. Further information can also be found in the Consumer Medicine Information available from your doctor, pharmacist or www.besins-healthcare.com.au/patients. References: 1. Utrogestan (micronised progesterone) Consumer Medicine Information, accessed October 2024. 2. Utrogestan (micronised progesterone) Product Information, accessed October 2024. 3. Besins data on file. Utrogestan® is a registered trademark of Besins Healthcare. Besins Healthcare Australia Pty Ltd. ABN 68 164 882 062. Suite 5.02, 12 Help St, Chatswood NSW 2067. Office phone (02) 9904 7473. For medical information call 1800 BESINS (237 467). www.besins-healthcare.com.au UTR-2223 Prepared October 2024.

