



Your Utrogestan® quick-start guide for prevention of preterm birth¹

What is Utrogestan?

Utrogestan is a small soft gelatine vaginal capsule that contains the hormone progesterone, which is identical to the progesterone produced by your body during pregnancy.¹

Who is Utrogestan for?

Utrogestan is a treatment for prevention of preterm birth in women with singleton pregnancy who have a short cervix (midtrimester sonographic cervix ≤ 25 mm) and/or a history of spontaneous preterm birth.¹

How often is Utrogestan used?

For the prevention of preterm birth, the usual dose is one 200 mg capsule per day, recommended at bedtime. Treatment can be started during the second trimester (16-24 weeks of pregnancy), and is to be continued to the end of the 36th week of your pregnancy or until delivery.^{1,2}

If you need a dose that is different to the above, your doctor will prescribe one that is right for you.

A box of Utrogestan contains 42 soft gelatine capsules which provides 6 weeks of support during pregnancy when prescribed at the standard dose.

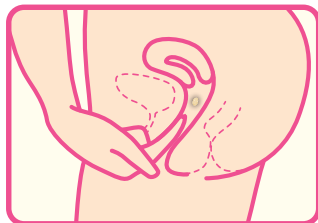


How is Utrogestan inserted?

Insert deep into the vagina using your finger. There's no need to use an applicator or to lie down afterward.^{1,2} For more information about how to use Utrogestan including a video on how to insert the capsule, visit www.besins-healthcare.com.au/patient-support/womens-health/pregnancy-support



To access this site, you will need to enter the AUST R number which can be found on the front of your Utrogestan pack.



Does Utrogestan need to be stored in the fridge?

Keep at room temperature (below 30°C). There's no need to refrigerate.^{1,2}

What to expect after using Utrogestan?

Most women experience no side effects at all. Vaginal discharge is rare.^{1,2}

Ask your doctor if you have any questions about Utrogestan or if you have any concerns before, during or after using Utrogestan.

Want more information?

To access more information and resources including the Utrogestan patient booklet and insertion video, visit www.besins-healthcare.com.au/patient-support/womens-health/pregnancy-support/ and enter the AUST R number found on the front of your Utrogestan pack.



This information is intended for patients prescribed Utrogestan for prevention of preterm birth. It is not a substitute for talking to your healthcare professional. Further information can also be found in the Consumer Medicine Information available from your doctor, pharmacist or www.besins-healthcare.com.au/patients. References: 1. Utrogestan (micronised progesterone) Consumer Medicine Information, accessed October 2024. 2. Utrogestan (micronised progesterone) Product Information, accessed October 2024. 3. Besins data on file. Utrogestan® is a registered trademark of Besins Healthcare. Besins Healthcare Australia Pty Ltd. ABN 68 164 882 062. Suite 5.02, 12 Help St, Chatswood NSW 2067. Office phone (02) 9904 7473. For medical information call 1800 BESINS (237 467). www.besins-healthcare.com.au UTR-2222 Prepared October 2024.