



# Your Utrogestan® quick-start guide for support during fertility treatment<sup>1</sup>

## What is Utrogestan?

Utrogestan is a small soft gelatine vaginal capsule that contains the hormone progesterone, which is identical to the progesterone produced by your body during pregnancy.<sup>1</sup>

## Who is Utrogestan for?

Utrogestan is a treatment for women who need extra progesterone while undergoing fertility treatment. If you are having fertility treatment and your doctor has determined that your body does not produce enough progesterone, your doctor may prescribe Utrogestan. The progesterone will help prepare your uterus (womb) to receive and maintain a fertilised egg.<sup>1</sup>

## How often is Utrogestan used?

For women using Utrogestan for extra progesterone while undergoing fertility treatment, the recommended dose is one capsule, two or three times per day, from the day of embryo transfer.<sup>1,2</sup>

**If you need a dose that is different to the above, your doctor will prescribe one that is right for you.**

Utrogestan is available in three different dosage strengths. Your doctor will decide which dose is the right one for you.

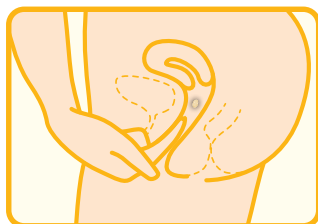


# How is Utrogestan inserted?

Insert deep into the vagina using your finger. There's no need to use an applicator or to lie down afterward.<sup>1,2</sup> For more information about how to use Utrogestan including a video on how to insert the capsule, visit [www.besins-healthcare.com.au/patient-support/womens-health/fertility](http://www.besins-healthcare.com.au/patient-support/womens-health/fertility)



To access this site, you will need to enter the AUST R number which can be found on the front of your Utrogestan pack.



# Does Utrogestan need to be stored in the fridge?

Keep at room temperature (below 30°C). There's no need to refrigerate.<sup>1,2</sup>

# What to expect after using Utrogestan?

Most women experience no side effects at all. Vaginal discharge is rare.<sup>1,2</sup>

Ask your doctor if you have any questions about Utrogestan or if you have any concerns before, during or after using Utrogestan.

# Want more information?

To access more information and resources including the Utrogestan patient booklet and insertion video, visit [www.besins-healthcare.com.au/patient-support/womens-health/fertility/](http://www.besins-healthcare.com.au/patient-support/womens-health/fertility/) and enter the AUST R number found on the front of your Utrogestan pack.



This information is intended for patients prescribed Utrogestan while undergoing fertility treatment. It is not a substitute for talking to your healthcare professional. Further information can also be found in the Consumer Medicine Information available from your doctor, pharmacist or [www.besins-healthcare.com.au/patients](http://www.besins-healthcare.com.au/patients). References: 1. Utrogestan (micronised progesterone) Consumer Medicine Information, accessed October 2024. 2. Utrogestan (micronised progesterone) Product Information, accessed October 2024. 3. Besins data on file. Utrogestan® is a registered trademark of Besins Healthcare. Besins Healthcare Australia Pty Ltd. ABN 68 164 882 062. Suite 5.02, 12 Help St, Chatswood NSW 2067. Office phone (02) 9904 7473. For medical information call 1800 BESINS (237 467). [www.besins-healthcare.com.au](http://www.besins-healthcare.com.au) UTR-2220 Prepared October 2024.